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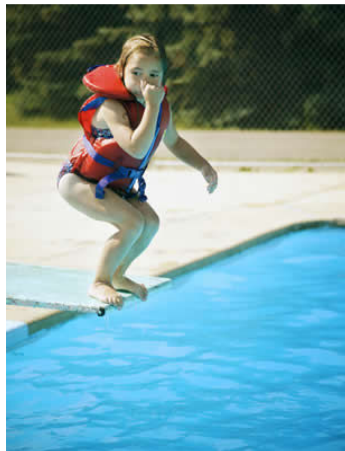
June 2010

Vol 1, Issue 5

## Happy Father's Day

### Welcome

Jump right into our new issue! It's full of lots of events that the MRC is putting on along with those out in the community. For more info, log onto our website at [www.mimarriage.org](http://www.mimarriage.org).



### 1st Annual Walk for Marriage and Family

The MRC is happy to announce it will be hosting a walk on Saturday, July 31 on the beautiful Detroit Riverfront.

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### Help Support the MRC!

Want a help support our efforts here at the MRC even though times are tough? Well, we have a simple way for you to do so and it doesn't take any money out of your wallet.

Registration starts at 8am. Walk starts at 9am, rain or shine. We are looking for walkers, captains, volunteers, donors and corporate sponsors.

This fundraiser will provide programs to assist:

- singles in becoming and selecting healthier partners
- couples in crisis to receive low cost marital education and coaching
  - happy couples enrich their marriage

For more information, send an e-mail to [MRCwalk@mimarrriage.org](mailto:MRCwalk@mimarrriage.org). Info coming to website very soon!



### Kroger Community Rewards



Be sure to add the Marriage Resource Center to your Kroger Plus card. You can do so by logging onto:

[Kroger Community Rewards](#)

Register there to help support us. A percentage of your purchase will go towards the MRC!

### Third Option Support Group for Couples

**Date/time:** Every Monday from 7-9pm

**Location:** Marriage Resource Center, 23400 Michigan Avenue, Suite P18, Dearborn

**Cost:** Free

**Contact:** MRC at 313-278-4400

OR

**Date/time:** Every Tuesday from 6-8pm

**Location:** New Jerusalem Temple and Missionary Baptist Church, 17330 Fenkell, Detroit

**Cost:** Free

**Contact:** Aleta Curry at 248-330-1161

The Third Option is a support group that is helpful for any marriage. The couples attending our program range from those on the brink of divorce to those yearning to make a good marriage better. Few marriages are too good, or too bad, for the group. Developing the right skills and sensitivity is the best way to ensure that a good marriage grows even better.

**GoodSearch**  
YOU SEARCH WE GIVE™

Simply log onto [www.goodsearch.com](http://www.goodsearch.com). Then enter "Marriage Resource Center" as your charity. After that, start using Good Search as your search engine. You get to find what you need and we benefit by receiving a donation every time you search.

Another way to help us out is to click on the link below. You will be redirected to our website. At that point you will be able to securely donate any amount you want.

[Donate](#)

We thank you in advance for your support!

### Marriage Hall of Fame

We recognize the commitment couples make to work through the thick-and-thin of marriage, and who are rewarded with the joy of celebrating a long-term marriage.

To honor a couple you know, please send an e-mail to [marketing@mimarrriage.org](mailto:marketing@mimarrriage.org) and we'll post them in the Marriage Hall of Fame on our website.

Please include their name, wedding date and photo (if desired).

### Class Descriptions

- **PICK a Partner:** A fun workshop for single adults and teens on how to find Mr. or Ms. Right
- **First Dance:** A video for engaged couples that helps relieve the stress of planning a wedding
- **FOCCUS:** Pre-marriage workshops for engaged couples
- **PREP:** Enrichment and conflict-resolution sessions for anyone in a relationship
- **Smart Steps for Step Families:** A program for children and adults in step families.
- **Third Option:** An ongoing support group program for those struggling in their marriages
- **Connections:** A course that helps teens develop healthy dating practices and life skills.

This is an on-going, walk-in support group with different topics covered each week. Even though registration is not required, please call the contact person to verify the group is going on that night.

### PREP Retreat for Couples

**Date/time:** Friday, June 25  
6-9pm & Saturday, June 26  
9am-3pm

**Location:** Doubletree  
Hotel, 5801 Southfield  
Expressway,  
Dearborn/Detroit

**Cost:** \$50/couple for first  
time attendees; includes  
over night stay and 8 hour workshop along with breakfast and  
lunch on Saturday

**Contact:** MRC at 313-278-4400 or [www.mimarrriage.org](http://www.mimarrriage.org)



Disagreements aren't the issue- it's how you handle them. Do you find yourself going in circles when talking- always ending up in the same frustrated places? Break the cycle by learning skills to gain more satisfaction and lessen stress in your relationship. Couples who take the workshop have a better change of staying together. Great for couples at every stage and any age.

### FOCCUS Inventory Facilitator Training

**Date/time:** Saturday, June 12, 8:30am-4:30pm

**Location:** Spring Arbor-Dearborn Campus, 23400 Michigan  
Avenue, Suite P20, Dearborn

**Cost:** \$125 per person; includes training, facilitator manual  
and light breakfast. Lunch is on your own. Spouses may  
attend for an additional \$75. Previous attendees may attend  
for \$55 each- you must bring your manual with you.

**Contact:** MRC at 313-278-4400 or [www.mimarrriage.org](http://www.mimarrriage.org)

Do you work with couples and singles to prepare them for  
marriage? If so, this training is for you.

Learn to help couples and singles have a long-lasting marriage  
based on solid foundational qualities.

Become a part of the solution to reducing divorce and  
improving communication for couples.

This event is open to social service providers, family  
advocates, ministries, therapists, counselors and anyone  
interested in improving the quality of life within our  
community.

### PICK a Partner Retreat for Singles

**Date/time:**

Friday, September 17 from 6-9pm; Saturday, September 18  
from 9am-3:30pm

**Location:** Gethsemane Missionary Baptist Church  
29066 Eton, Westland

- **Family Wellness:** Empowers families to manage their relationships in a healthy way
- **Active Relationships:** Powerful skills to create and maintain healthy relationships.

Private coaching sessions are also available

Check out ads this month!

**Billboard**  
West 8 Mile and Southfield  
Freeway

**Magazine**  
Natural Awakenings

Check Out Our Blog!

<http://mrcwaynco.wordpress.com>

Members of:

Michigan Non-profit Association  
Michigan Business & Professional  
Association

Facebook

Join us on Facebook

[Facebook Page](#)

MRC's Website

[www.mimarrriage.org](http://www.mimarrriage.org)

Check it out for more information  
about what's happening at the MRC  
and beyond!

Next Month:

More classes and workshops  
coming in July for both couples  
and singles

**Cost:** Free; Includes light meal on Friday, continental breakfast, light lunch and snack on Saturday  
**Contact:** MRC at 313-278-4400 or [www.mimarriage.org](http://www.mimarriage.org).

Find a proven way to choose a partner in this fun and interesting workshop. Whether single, dating or single again, experience how to build and maintain a healthy relationship. Learn how to follow your heart without losing your mind. Open to both men and women.

If only picking a partner was as easy as picking an outfit!



## Community Events

### Muslim Alliance in North America Detroit Regional Conference

**Date/time:** Saturday, June 5 from 9am-6pm  
**Location:** The Muslim Center, 1605 West Davison, Detroit  
**Cost:** \$45/adult, \$40/student or senior- includes registration and banquet  
**Contact:** 248-217-7149 or [MANA Conference](#)

Strengthening Families - Strengthening Communities  
 Workshops - Lectures - Discussions

Workshops include: Ingredients of a Successful Islamic Marriage, Building an Agenda for Families and the Islamic Family. Also, the Detroit Healthy Marriage Initiative will be launched. One of the featured speakers is Steven Hernandez from Marriages that Work

### Roots, Rhythm and Salsa

*Presented by Duane Wrenn Of Energetic Soul Dance Studios*

**Date/time:** Friday, June 11 from 5pm-10pm  
**Location:** Charles H. Wright Museum of African American History, 315 East Warren Avenue, Detroit  
**Cost:** \$7 for members, \$10 for non-members (per session) \$5 of each sale supports MAAH student membership  
**Contact:** Tonette Bryant-Carter at 313-494-5853 or [www.CharlesHWrightMuseum.org](http://www.CharlesHWrightMuseum.org)

First session from 5-6pm for meet and greet with salsa class from 6-7pm. Second session from 7-8pm for meet and greet

with salsa class from 8-9pm. Open salsa from 9-10pm. Light refreshments with cast bar. Limited space per session.

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**Father/Daughter Dinner Dance**

*Sponsored by Dad's Club Inc. and Lighthouse Community Center*

**Date/time:** Saturday, June 19 from 6-10pm

**Location:** Atheneum Suite Hotel, Inside Main Ballroom, 1000 Brush Avenue, Detroit

**Cost:** \$25/person with valet parking included

**Contact:** Dad's club 313-289-9708

What a great way to spend Father's Day weekend; enjoying it with your daughter(s)! Tickets are available at [www.dadsclubinc.net](http://www.dadsclubinc.net).

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**Marriage Enrichment Gatherings**

*Sponsored by National Marriage Enrichment of Detroit*

**Date/time:** 2nd Saturday of each month from 7-9pm

**Location:** St. Columban's Catholic Church, 1775 E. Melton Road, Birmingham

**Cost:** Free

**Date/time:** 4th Friday of each month from 7:30-9pm

**Location:** St. Lucy's Catholic Church, 23401 E. Jefferson, St. Clair Shores

**Cost:** Free

**Contact:** Rich and Fran at 586-979-0192 or

[waldenluv@wowway.com](mailto:waldenluv@wowway.com)

Lift your marriage to new heights! This monthly event, at either location, draws husbands and wives from many different walks of life, different faiths, and different stages in their married lives. Each event offers a 10-minute reflection and then time is given for couples to dialog with each other and then as a group. No one is ever expected to speak.

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 If your organization would like to add its event to our newsletter and website, please send an e-mail with the info about it to [marketing@mimarrriage.org](mailto:marketing@mimarrriage.org). Check out 'Community Events' on our website for more information.



**Ask Ms. Aleta**



Every month, Ms. Aleta will be answering your questions about adolescents, marriage or family.

This month's question:

**What do you consider infidelity in a marriage?**

Answer:

The commitment needed in a marriage is for both parties to be faithful to each other. However, there is an ever increasing number of couples who experience infidelity in a marriage. And it's not just an extramarital affair that is considered infidelity. Here are other topics of concern:

- *Emotional infidelity* where one spouse forms a strong emotional bond with another outside the marriage.
- *Online infidelity* where a spouse forms a relationship or friendship with someone via the Internet.
- *Pornography* where there is an addiction and the partner spends more time with that than their spouse.

If you have a question for Ms. Aleta, please submit it to [development@mimarrriage](mailto:development@mimarrriage) or [aletacurry@comcast.net](mailto:aletacurry@comcast.net).

Aleta Curry, MA, is a care pastor at Mt. Zion Church in Clarkston, Michigan. She is a graduate of WSU and CMU. She is also a Marriage and Family Coach for the Marriage Resource Center.

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